



CARDIAC CARES

Dance for Your Heart

Here's your chance to get moving and make your hips do things you thought they could never do. No matter what, you'll have a great time. Learn new dance moves while enjoying three things that are good for your heart: exercise, red wine, and dark chocolate.

TuftsMedicine
Lowell General Hospital

Join us:
Thursday,
February 13
6 – 8 pm

**Lowell General Hospital
Main Campus
Clark Auditorium**
295 Varnum Avenue
Lowell, MA

Event features

- Raffles
- Red wine + dark chocolate
- Heart healthy food samplings with some snacks available
- **Cost:** \$20; \$15 for Tufts Medicine employees

Registration is required

Call **877.LGH.WELL**
(1-877-544-9355)



**MORE
INFORMATION**

tuftsmedicine.org/dance