



SWYC:™ 2 months

1 months, 0 days to 3 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Koriinka

Su'aalahan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

| | Maya weli | Xoogaa | Si aad ah |
|---|------------------|---------------|------------------|
| Ilmahaada wuxuu sameeyaa dhawaaq kuu sheegaayo in uu faraxsanyahay ama xanaaqsanyahay | 0 | ① | ② |
| Ilmahaadu wuxuu u muuqdaa in uu ku faraxsanyahay in uu ku arko | 0 | ① | ② |
| Indhaha wuxuu la raacaa dhaqaaqa boombalaha | 0 | ① | ② |
| Madaxa ayuu leexiyaa si uu u arko qofka hadlaya | 0 | ① | ② |
| Madaxa ayuu kor u xajiyaa marka loo soo fadhiisinayo | 0 | ① | ② |
| Gacmaha ayuu isku keenaa | 0 | ① | ② |
| Wuu qoslaa | 0 | ① | ② |
| Madaxa ayuu kor u xajistaa marka fadhiga lagu hayo | 0 | ① | ② |
| Wuxuu sameeyaa dhawaqaqyada sida "ga," "ma," iyo "ba" | 0 | ① | ② |
| Wuu ku soo fiiriya marka aad magaciisa wacdid | 0 | ① | ② |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihiin dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|--------------------------|---------------|--------------------|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | 0 | ① | ② |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | 0 | ① | ② |
| Isbadalku Ilmahaada ma ku adagyahay? | 0 | ① | ② |
| Ilmahaada makala jecelyahay in y hayaan dadka kale? | 0 | ① | ② |
| Ilmahaada ma oohin badanyahay? | 0 | ① | ② |
| Ma adagtahay ilmahaada in la dajiyo? | 0 | ① | ② |
| Ilmahaada ma caro ama oohin dhawyahay? | 0 | ① | ② |
| Ma adagtahay ilmahaada in la Sasabo? | 0 | ① | ② |

| | | | |
|---|---|---|---|
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexyo habeen kasta isku waqt). | 0 | ① | ② |
| Ma adagtahay ilmahaada in la seexyo? | 0 | ① | ② |
| Miyeey kugu adagtahay inaad in kugu filan seexato ilmahaaga dartood? | 0 | ① | ② |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | 0 | ① | ② |

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|--------------------------|---------------|--------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | ○ | ○ | ○ |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | ○ | ○ | ○ |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya | | | | | | |
|---|--|---|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | Run ma ahan | Mararka qaar waa run | Badanaa waa run | | | | | |
| 1 | Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 5 | kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 6 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeyaa lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 7 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 8 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| Isbedelada Dareenka Marku Ilmuuhu Dhasho ** | | | | | | | | | |
| Maaddaama aad ku haysatid gurigaaga ilmo hadda dhashay, waxaan jeelaan lahayn inaan ogaano sida aad hadda dareemeysid. Fadlan dooro jawaabta ugu dhow sida aad dareemeysey 7-DII MAALMOOD EE LA SOO DHAAFAY, ma ahan oo kaliya sida aad maanta dareemayo. | | | | | | | | | |
| Todobadii maalmood ee lasoo dhaafay... | | | | | | | | | |
| 1 Waan awooday inaan qoslo oo aan ka arko arimaha dhanka qosolka leh | | | | | | | | | |
| ① Had iyo jeer inta aan awoodi karay | ① Uma badna sidii hore hadda | ② Dhab ahaantii wax badan maahan hadda | ③ Maya,gabi ahaanba | | | | | | |
| 2 Rajo wanaagsan baan ku filan jiray hawlaha soo socda | | | | | | | | | |
| ① Inta ugu badan ee aan waligay sameeyo | ① Wax ka yar intii hore | ② Dhab ahaantii wax ka yar intii hore | ③ Si dhif ah | | | | | | |
| 3* Waxaan isku eeddeeyn jiray si aan loo baahneyn marka wax ay qaldamaan | | | | | | | | | |
| ① Haa, waqtiga intiisa badan | ② Haa, waqtiga qaarkiis | ① In aan badneyn | ① Maya, abidkeedba | | | | | | |
| 4 Waxaan u welwelsanaa ama u walaacsanaa sabab la'aan | | | | | | | | | |
| ① Maya, gabii ahaanba | ① Si dhif ah | ② Haa, mararka qaar | ③ Haa, badanaa | | | | | | |
| 5* Waxaan dareemay cabsi ama argagax sabab la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Maya, ma badna | ① Maya, gabii ahaanba | | | | | | |
| 6* Haawlaha ayaa iga tan badiyay | | | | | | | | | |
| ① Haa, badanaa ma aanan awoodin in aan lasoo qabsado | ② Haa, mararka qaar ma awoodin in aan la qabsado sidii hore | ① Maya, inta badan si fiican ayaan ula soo qabsaday | ① Maya, waan awooday in aan ula qabsado sidii hore | | | | | | |
| 7* Waxaan ahaa farxad la'aan ilaa heer ay hurdada igu adkaato | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Ma sii badna | ① Maya, gabii ahaanba | | | | | | |
| 8* Waxaan dareemay murugo ama farxad la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Aad uma badna | ① Maya, gabii ahaanba | | | | | | |
| 9* Aad baan u farxad la'aa ilaa heer aan ooyo | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Mar-mar kaliya | ① Maya, marnaba [iguma dhicin] | | | | | | |
| 10* Fikradda ah in waxyelo nafsaadeyda ayaa igu dhalatay aniga | | | | | | | | | |
| ① Haa, marar badan | ② Mararka qaar | ① Si dirqi ah | ① Marnaba [iguma dhicin] | | | | | | |

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SWYC:™ 4 months

4 months, 0 days to 5 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

| | Maya weli | Xoogaa | Si aad ah |
|---|-----------|--------|-----------|
| Madaxa ayuu kor u xajiyaa marka loo soo fadhiisinayo | • • • • • | ① | ② |
| Gacmaha ayuu isku keenaa | • • • • • | ① | ② |
| Wuu qoslaa | • • • • • | ① | ② |
| Madaxa ayuu kor u xajistaa marka fadhiga lagu hayo | • • • • • | ① | ② |
| Wuxuu sameeyaa dhawaaqyada sida "ga," "ma," iyo "ba" | • • • • • | ① | ② |
| Wuu ku soo fiiriya marka aad magaciisa wacdid | • • • • • | ① | ② |
| Wuu is gadiyaa | • • • • • | ① | ② |
| Boombalaha labada gacmood ayuu isaga gudbiyaa | • • • • • | ① | ② |
| Marka uu xanaaqo wuxuu raadiyaa adiga ama qofka kale ee xannaaneeya | • • • • • | ① | ② |
| Wuxuu qabtaa labo shay wuuna isku garaacaa iyaga | • • • • • | ① | ② |
| . | | | |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihiin dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| Gebi ahaanba maya | Xoogaa | Aad iyo aad | |
|---|-----------|-------------|---|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | • • • • • | ① | ② |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | • • • • • | ① | ② |
| Isbadalku Ilmahaada ma ku adagyayah? | • • • • • | ① | ② |
| Ilmahaada makala jecelyahay in y hayaan dadka kale? | • • • • • | ① | ② |
| . | | | |
| Ilmahaada ma oohin badanyahay? | • • • • • | ① | ② |
| Ma adagtahay ilmahaada in la dajiyo? | • • • • • | ① | ② |
| Ilmahaada ma caro ama oohin dhawyahay? | • • • • • | ① | ② |
| Ma adagtahay ilmahaada in la Sasabo? | • • • • • | ① | ② |
| . | | | |
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexyo habeen kasta isku waqt). | ① | ① | ② |
| Ma adagatahay ilmahaada in la seexyo? | • • • • • | ① | ② |
| Miyeey kugu adagatahay inaad in kugu filan seexato ilmahaaga dartood? | ① | ① | ② |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | • • • • • | ① | ② |
| . | | | |

Walaacyada Waalidiinta

| Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|--------|-------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | ○ | ○ |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | ○ | ○ |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya | | | | | | |
|---|--|---|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | Run ma ahan | Mararka qaar waa run | Badanaa waa run | | | | | |
| 1 | Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 5 | kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 6 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeyaa lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 7 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 8 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| Isbedelada Dareenka Marku Ilmuuhu Dhasho ** | | | | | | | | | |
| Maaddaama aad ku haysatid gurigaaga ilmo hadda dhashay, waxaan jeelaan lahayn inaan ogaano sida aad hadda dareemeysid. Fadlan dooro jawaabta ugu dhow sida aad dareemeysey 7-DII MAALMOOD EE LA SOO DHAAFAY, ma ahan oo kaliya sida aad maanta dareemayo. | | | | | | | | | |
| Todobadii maalmood ee lasoo dhaafay... | | | | | | | | | |
| 1 Waan awooday inaan qoslo oo aan ka arko arimaha dhanka qosolka leh | | | | | | | | | |
| ① Had iyo jeer inta aan awoodi karay | ① Uma badna sidii hore hadda | ② Dhab ahaantii wax badan maahan hadda | ③ Maya,gabi ahaanba | | | | | | |
| 2 Rajo wanaagsan baan ku filan jiray hawlaha soo socda | | | | | | | | | |
| ① Inta ugu badan ee aan waligay sameeyo | ① Wax ka yar intii hore | ② Dhab ahaantii wax ka yar intii hore | ③ Si dhif ah | | | | | | |
| 3* Waxaan isku eeddeeyn jiray si aan loo baahneyn marka wax ay qaldamaan | | | | | | | | | |
| ① Haa, waqtiga intiisa badan | ② Haa, waqtiga qaarkiis | ① In aan badneyn | ① Maya, abidkeedba | | | | | | |
| 4 Waxaan u welwelsanaa ama u walaacsanaa sabab la'aan | | | | | | | | | |
| ① Maya, gabii ahaanba | ① Si dhif ah | ② Haa, mararka qaar | ③ Haa, badanaa | | | | | | |
| 5* Waxaan dareemay cabsi ama argagax sabab la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Maya, ma badna | ① Maya, gabii ahaanba | | | | | | |
| 6* Haawlaha ayaa iga tan badiyay | | | | | | | | | |
| ① Haa, badanaa ma aanan awoodin in aan lasoo qabsado | ② Haa, mararka qaar ma awoodin in aan la qabsado sidii hore | ① Maya, inta badan si fiican ayaan ula soo qabsaday | ① Maya, waan awooday in aan ula qabsado sidii hore | | | | | | |
| 7* Waxaan ahaa farxad la'aan ilaa heer ay hurdada igu adkaato | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Ma sii badna | ① Maya, gabii ahaanba | | | | | | |
| 8* Waxaan dareemay murugo ama farxad la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Aad uma badna | ① Maya, gabii ahaanba | | | | | | |
| 9* Aad baan u farxad la'aa ilaa heer aan ooyo | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Mar-mar kaliya | ① Maya, marnaba [iguma dhicin] | | | | | | |
| 10* Fikradda ah in waxyeelo nafsadeyda ayaa igu dhalatay aniga | | | | | | | | | |
| ① Haa, marar badan | ② Mararka qaar | ① Si dirqi ah | ① Marnaba [iguma dhicin] | | | | | | |

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SWYC:™ 6 months

6 months, 0 days to 8 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

| | Maya weli | Xoogaa | Si aad ah |
|--|-----------|--------|-----------|
| Wuxuu sameeyaa dhawaqaqyada sida "ga," "ma," iyo "ba" | 0 | ① | ② |
| Wuu ku soo fiiriya marka aad magaciisa wacdid | 0 | ① | ② |
| Wuu is gadiyaa | 0 | ① | ② |
| Boombalaha labada gacmood ayuu isaga gudbiyaa | 0 | ① | ② |
| Marka uu xanaaqo wuxuu raadiyaa adiga ama qofka kale ee xannaaneeyaa | 0 | ① | ② |
| Wuxuu qabtaa labo shay wuuna isku garaacaa iyaga | 0 | ① | ② |
| Gacmaha ayuu kor u taagaa si loo qaado | 0 | ① | ② |
| Kaligiis ayaa fariista | 0 | ① | ② |
| Cunto ayuu soo qaataa wuuna cunaa | 0 | ① | ② |
| Kor ayuu isku qaadaa si uu u istaago | 0 | ① | ② |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihiin dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|--------|-------------|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | ① | ② |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | ① | ② |
| Isbadalku Ilmahaada ma ku adagyayahay? | ① | ② |
| Ilmahaada makala jecelyayahay in y hayaan dadka kale? | ① | ② |
| Ilmahaada ma oohin badanyayahay? | ① | ② |
| Ma adagtahay ilmahaada in la dajiyoo? | ① | ② |
| Ilmahaada ma caro ama oohin dhawyahay? | ① | ② |
| Ma adagtahay ilmahaada in la Sasabo? | ① | ② |
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexyo habeen kasta isku waqtii). | ① | ② |
| Ma adagtahay ilmahaada in la seexyo? | ① | ② |
| Miyey kugu adagtahay inaad in kugu filan seexato ilmahaaga dartood? | ① | ② |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | ① | ② |

Walaacyada Waalidiinta

| Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|--------|-------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | ○ | ○ |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | ○ | ○ |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya | | | | | | |
|---|--|---|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| | | Run ma ahan | Mararka qaar waa run | Badanaa waa run | | | | | |
| 1 | Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 5 | kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 6 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeyaa lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 7 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | | | | | |
| 8 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |
| Isbedelada Dareenka Marku Ilmuuhu Dhasho ** | | | | | | | | | |
| Maaddaama aad ku haysatid gurigaaga ilmo hadda dhashay, waxaan jeelaan lahayn inaan ogaano sida aad hadda dareemeysid. Fadlan dooro jawaabta ugu dhow sida aad dareemeysey 7-DII MAALMOOD EE LA SOO DHAAFAY, ma ahan oo kaliya sida aad maanta dareemayo. | | | | | | | | | |
| Todobadii maalmood ee lasoo dhaafay... | | | | | | | | | |
| 1 Waan awooday inaan qoslo oo aan ka arko arimaha dhanka qosolka leh | | | | | | | | | |
| ① Had iyo jeer inta aan awoodi karay | ① Uma badna sidii hore hadda | ② Dhab ahaantii wax badan maahan hadda | ③ Maya,gabi ahaanba | | | | | | |
| 2 Rajo wanaagsan baan ku filan jiray hawlaha soo socda | | | | | | | | | |
| ① Inta ugu badan ee aan waligay sameeyo | ① Wax ka yar intii hore | ② Dhab ahaantii wax ka yar intii hore | ③ Si dhif ah | | | | | | |
| 3* Waxaan isku eeddeeyn jiray si aan loo baahneyn marka wax ay qaldamaan | | | | | | | | | |
| ① Haa, waqtiga intiisa badan | ② Haa, waqtiga qaarkiis | ① In aan badneyn | ① Maya, abidkeedba | | | | | | |
| 4 Waxaan u welwelsanaa ama u walaacsanaa sabab la'aan | | | | | | | | | |
| ① Maya, gabii ahaanba | ① Si dhif ah | ② Haa, mararka qaar | ③ Haa, badanaa | | | | | | |
| 5* Waxaan dareemay cabsi ama argagax sabab la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Maya, ma badna | ① Maya, gabii ahaanba | | | | | | |
| 6* Haawlaha ayaa iga tan badiyay | | | | | | | | | |
| ① Haa, badanaa ma aanan awoodin in aan lasoo qabsado | ② Haa, mararka qaar ma awoodin in aan la qabsado sidii hore | ① Maya, inta badan si fiican ayaan ula soo qabsaday | ① Maya, waan awooday in aan ula qabsado sidii hore | | | | | | |
| 7* Waxaan ahaa farxad la'aan ilaa heer ay hurdada igu adkaato | | | | | | | | | |
| ① Haa, badanaa | ② Haa, mararka qaar | ① Ma sii badna | ① Maya, gabii ahaanba | | | | | | |
| 8* Waxaan dareemay murugo ama farxad la'aan | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Aad uma badna | ① Maya, gabii ahaanba | | | | | | |
| 9* Aad baan u farxad la'aa ilaa heer aan ooyo | | | | | | | | | |
| ① Haa, badanaa | ② Haa, marar badan | ① Mar-mar kaliya | ① Maya, marnaba [iguma dhicin] | | | | | | |
| 10* Fikradda ah in waxyeelo nafsadeyda ayaa igu dhalatay aniga | | | | | | | | | |
| ① Haa, marar badan | ② Mararka qaar | ① Si dirqi ah | ① Marnaba [iguma dhicin] | | | | | | |

**© 1987 The Royal College of Psychiatrists. Cox, J.L., Holden, J.M., & Sagovsky, R. (1987). Detection of postnatal depression. Development of the 10-item Edinburgh Postnatal Depression Scale. British Journal of Psychiatry, 150, 782-786. Written permission must be obtained from the Royal College of Psychiatrists for copying and distribution to others or for republication (in print, online or by any other medium).



TM SWYC: 9 months

9 months, 0 days to 11 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihii koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso inaad ka jawaabto DHAMMAAN su'aalaha.

| | Maya, weli | Xoogaa | Si aad ah |
|---|------------|--------|-----------|
| Gacmaha ayuu kor u taagaa si loo qaado | 0 | 1 | 2 |
| Kaligiis ayaa fariista | 0 | 1 | 2 |
| Cunto ayuu soo qaataa wuuna cunaa | 0 | 1 | 2 |
| Kor ayuu isku qaadaa si uu u istaago | 0 | 1 | 2 |
| Wuxuu ciyaraa dhuudhoomashoow ama dhakac dhakac | 0 | 1 | 2 |
| Wuxuu kuugu yeeraa "mama" ama "dada" ama magac la mid ah | 0 | 1 | 2 |
| Dhinacyada ayuu fiiriya marka aad weeyiiso waxyaabaha sida, "Aaway masaasaddaadi?" ama "Aaway bustahaagii?" | | 0 | 1 |
| Wuxuu kaaga daydaa dhawaaqyada aad sameeysid | 0 | 1 | 2 |
| Wuxuu ku dhex socan karaa qolka gees-ka-gees isagoon la caawin | 0 | 1 | 2 |
| Wuu raaci karaa amarada- sida "Kaalay halkan" ama "Kubbadda isii" | | 0 | 1 |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihii dabeeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihii, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|---------------------|--------|-------------|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | | 0 | 1 |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | | 0 | 1 |
| Isbadalku Ilmahaada ma ku adagyayah? | | 0 | 1 |
| Ilmahaada makala jecelyahay in y hayaan dadka kale? | | 0 | 1 |
| Ilmahaada ma oohin badanyahay? | | 0 | 1 |
| Ma adagtahay ilmahaada in la dajiyo? | | 0 | 1 |
| Ilmahaada ma caro ama oohin dhawyayahay? | | 0 | 1 |
| Ma adagtahay ilmahaada in la Sasabo? | | 0 | 1 |
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexiyo habeen kasta isku waqtii)? | 0 | 1 | 2 |
| Ma adagatahay ilmahaada in la seexiyo? | | 0 | 1 |
| Miyey kugu adagatahay inaad in kugu filan seexato ilmahaaga dartood? | | 0 | 1 |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | | 0 | 1 |

Walaacyada Waalidiinta

Gebi ahaanba maya Xoogaa Aad iyo aad

| | | | |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalah Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhown su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya | | | | | | |
|----|---|----------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 1 | Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay doroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka doroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 4 | Cabitaanka ama istacmaalka doroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| | | Run ma ahan | Mararka qaar waa run | | | | | | |
| 5 | 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | Badanaa waa run | | | | | | | |
| 6 | Wax niyad ah miyaadan u hayn in aad wax qabtid? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 7 | Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 8 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeya lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 9 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 10 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |



**TM
SWYC:**

12 months

12 months, 0 days to 14 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihii koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso inaad ka jawaabto DHAMMAAN su'aalaha.

| | Maya, welii | Xoogaa | Si aad ah |
|--|-------------|--------|-----------|
| Cunto ayuu soo qaataa wuuna cunaa | ① | ① | ② |
| Kor ayuu isku qaadaa si uu u istaago | ① | ① | ② |
| Wuxuu ciyaraa dhuudhoomashoow ama dhakac dhakac | ① | ① | ② |
| Wuxuu kuugu yeeraa "mama" ama "dada" ama magac la mid ah | ① | ① | ② |
| Dhinacyada ayuu fiiriya marka aad weeyiiso waxyaabaha sida, "Aaway masaasaddaadii?" ama "Aaway bustahaagii?" | ① | ① | ② |
| Wuxuu kaaga daydaa dhawaaqyada aad sameeysid | ① | ① | ② |
| Wuxuu ku dhex socan karaa qolka gees-ka-gees isagoon la caawin | ① | ① | ② |
| Wuu raaci karaa amarada- sida "Kaalay halkan" ama "Kubbadda isii" | ① | ① | ② |
| Wuu ordaa | ① | ① | ② |
| Wuxuu kori karaa jarjanjaraada caawin la'aan | ① | ① | ② |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihii dabeeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihii, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|-------------------|--------|-------------|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | ① | ① | ② |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | ① | ① | ② |
| Isbadalku Ilmahaada ma ku adagyayah? | ① | ① | ② |
| Ilmahaada makala jecelyayah in y hayaan dadka kale? | ① | ① | ② |
| Ilmahaada ma oohin badanyayah? | ① | ① | ② |
| Ma adagtahay ilmahaada in la dajiyo? | ① | ① | ② |
| Ilmahaada ma caro ama oohin dhawyayah? | ① | ① | ② |
| Ma adagtahay ilmahaada in la Sasabo? | ① | ① | ② |
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexiyo habeen kasta isku waqtii)? | ① | ① | ② |
| Ma adagatahay ilmahaada in la seexiyo? | ① | ① | ② |
| Miyey kugu adagatahay inaad in kugu filan seexato ilmahaaga dartood? | ① | ① | ② |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | ① | ① | ② |

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalaha Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhower su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya |
|---|---|-----|------|
| 1 | Qof la nool ilmahaada oo sigaar cabو miyaa jira? | Y | N |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | Y | N |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | Y | N |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah govskaaga weligeed saameevn xun ilmahaada ma ku veelatay? | Y | N |

| | Run ma | Mararka qaar | Badanaa |
|--|--------|--------------|---------|
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | ahan | waa run | waa run |

| <i>Labadii toddobaad ee la soo dhaafay, dhibaatooyinka soo socda sidee beey inta badan kuu saameeyeen?</i> | Gebi ahaanba maya | Dhowr maalin | In kabadan maalmaha barkood | Ku dhawaad maalin walba |
|--|----------------------|-----------------|--------------------------------|----------------------------|
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | ① | ② | ③ | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | ① | ② | ③ | |

| | Xiisad la'aan | Xoogaa xiisad ah | Xiisad badan | Nama quseeyso |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeya lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan | Xoogaa dhib ah | Si dhib badan | Nama quseeyso |

10 Toddobaadkii la soo dhaafay gudahiisa, imisa maal mood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? 0 1 2 3 4 5 6 7



TM SWYC: 15 months

15 months, 0 days to 17 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihiiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso inaad ka jawaabto DHAMMAAN su'aalaha.

| | Maya, welii | Xoogaa | Si aad ah |
|---|--------------------|---------------|------------------|
| Wuxuu kuugu yeeraa "mama" ama "dada" ama magac la mid ah | ① | ① | ② |
| Dhinacyada ayuu fiiriya marka aad weeydiiso waxyaabaha sida, "Aaway masaasaddaadii?" ama "Aaway bustahaagii?" | ① | ① | ② |
| Wuxuu kaaga daydaa dhawaaqyada aad sameeysid | ① | ① | ② |
| Wuxuu ku dhex socan karaa qolka gees-ka-gees isagoon la caawin | ① | ① | ② |
| Wuu raaci karaa amarada- sida "Kaalay halkan" ama "Kubbadda isii" | ① | ① | ② |
| Wuu ordaa | ① | ① | ② |
| Wuxuu kori karaa jarjanjada caawin la'aan | ① | ① | ② |
| Wuxuu laadaa kubbada | ① | ① | ② |
| Wuxuu magacaabi karaa ugu yaraan 5 shay oo la garanaayo sida kubbad ama caano. | ① | ① | ② |
| Wuxuu magacaabaa ugu yaraan shan ka mid ah qaybaha jirka sida sinka, gacanta, ama caloosha. | ① | ① | ② |

Liiska Hubinta Calaamadaha Caafimaadka Carruurta

Su'aalahan waxay ku saabsan yihiiin dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|--------------------------|---------------|--------------------|
| Ilmahaada ma ku adagtahay la joogga dadka ku cusub? | ① | ① | ② |
| Ilmahaada ma ku adagtahay meelaha ku cusub? | ① | ① | ② |
| Isbadalku Ilmahaada ma ku adagyayah? | ① | ① | ② |
| Ilmahaada makala jecelyahay in y hayaan dadka kale? | ① | ① | ② |
| Ilmahaada ma oohin badanyahay? | ① | ① | ② |
| Ma adagtahay ilmahaada in la dajiyoo? | ① | ① | ② |
| Ilmahaada ma caro ama oohin dhawyayah? | ① | ① | ② |
| Ma adagtahay ilmahaada in la Sasabo? | ① | ① | ② |
| Ma ku adag tahay ilmahaada inuu raaco qorshaha ama jadwalka? (tusaale: ma adagtahay in la seexiyo habeen kasta isku waqtii)? | ① | ① | ② |
| Ma adagatahay ilmahaada in la seexiyo? | ① | ① | ② |
| Miyeey kugu adagatahay inaad in kugu filan seexato ilmahaaga dartood? | ① | ① | ② |
| Ilmahaada dhib miyuu ku qabaa in uu hurdo bogto? | ① | ① | ② |

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalaha Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya |
|---|---|-----|------|
| 1 | Qof la nool ilmahaada oo sigaar cabو miyaa jira? | Y | N |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | Y | N |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | Y | N |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah govskaaga weligeed saameevn xun ilmahaada ma ku veelatay? | Y | N |

| | Run ma | Mararka qaar | Badanaa |
|--|--------|--------------|---------|
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | ahan | waa run | waa run |

| <i>Labadii toddobaad ee la soo dhaafay, dhibaatooyinka soo socda sidee beey inta badan kuu saameeyeen?</i> | Gebi ahaanba maya | Dhowr maalin | In kabadan maalmaha barkood | Ku dhawaad maalin walba |
|--|----------------------|-----------------|--------------------------------|----------------------------|
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | ① | ② | ③ | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | ① | ② | ③ | |

| | Xiisad la'aan | Xoogaa xiisad ah | Xiisad badan | Nama quseeyso |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeya lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan | Xoogaa dhib ah | Si dhib badan | Nama quseeyso |

10 Toddobaadkii la soo dhaafay gudahiisa, imisa maal mood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? 0 1 2 3 4 5 6 7



SWYC: **18 months**

18 months, 0 days to 22 months, 31 days
V1.07. 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahsan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahsan waxay ku saabsan yihii dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihii, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

Kormeerka Waalidka ee Isdhexgalka Bulshada

| Ilmahaadu ma kuu keenaa waxyabo adiga si uu kuu tuso? | Marar badan maalinkiiba | Dhowr mar maalinkiiba | Dhowr mar todobaadkiiba | In ka yar hal mar todobaadkiiba | Marnaba |
|---|-------------------------|-----------------------|-------------------------|---------------------------------|-----------------------|
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | Marwalbo | Sida caadiga ah | Mar mar | Si dhif | Marnaba |
| Ilmahaada ma xiiseeyaa inuu la cayaaro ilmaha kale? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Marka eray aad tiraahdid ama gacanta u haadisid, ilmahaada ma isku dayaa in uu kugu day'do? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilmahaada ma kusoo eegaa marka aad magaciisa ugu yeerto? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilamahaada ma eegaa hadii aad u tilmaantid wax qolka dhankiisa kale yaalo? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| Sidee buu inta badan ilmahaada kuu tusaa waxa uu rabo? | Wuxuu dhahaa ereyga waxa uu rabo | Hal far ayuu ku tilmaamaa | Wuu soo qabsadaa | Wuu isoo jiidaa ama gacanteyda ayuu dul saaraa | Wuu ganuunaca, ooyaa ama qayliya |
|--|---|---------------------------|--|--|--|
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Waa maxay ciyaaraha ilmahaagu ugu jecelyahay? | Ku ciyaarista boombaleyaasha ama xayawaanaadka dharka laga buuxiyay | Inuu buug kula aqristo | koritaanka meelaha sare, orodka iyo firfircoonda | Inuu is-dabadhigo boombaleyaasha ama waxyaalaha kale | Inuu daawado walxaha iska-daba wareega sida marwaaxadaha ama taayarada |
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For acknowledgments, validation, and other information concerning the POSI, please see www.theswyc.org/posi

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama koritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | Haa | Maya | | | | | | |
|---|-------------------------------------|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 1 Qof la nool ilmahaada oo sigaar cabu miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 2 Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 3 Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 4 Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | Run ma ahan <input type="radio"/> | Mararka qaar waa run <input type="radio"/> | | | | | | |
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'an? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirk kaala dhexeeya lamaanahaaga? | Xiisad la'aan <input type="radio"/> | Xoogaa xiisad ah <input type="radio"/> | | | | | | |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan <input type="radio"/> | Si dhib badan <input type="radio"/> | | | | | | |
| 10 Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |



SWYC:™

24 months

23 months, 0 days to 28 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihiiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso inaad ka jawaabto DHAMMAAN su'aalaha.

| | Maya welii | Xoogaa | Si aad ah |
|--|-------------------|---------------|------------------|
| Wuxuu magacaabaa ugu yaraan shan ka mid ah qayaba jirka sida sinka, gacanta, ama caloosha. | • • • • • | 0 1 | 2 |
| Wuxuu kor u fuulaa jarjanjada garoonka ciyaarta. | • • • • • | 0 1 | 2 |
| Wuxuu isticmaalaa erayada sida "aniga" ama "kayga" | • • • • • | 0 1 | 2 |
| Kor ayuu u boodi karaa isagoo labada cagoodba dhulka ka qaadayo. | • • • • • | 0 1 | 2 |
| Wuxuu isku keenaa labo eray ama wax kabadan- sida "caano isii" ama "Banaanka u bax" | • • • • • | 0 1 | 2 |
| Wuxuu isticmaalaa erayo si uu caawinaad u weeydiisto | • • • • • | 0 1 | 2 |
| Wuxuu magacaabaa ugu yaraan hal midab | • • • • • | 0 1 | 2 |
| Wuxuu isku dayaa inuu kusoo jeediyo isaga oo dhahayo "aniga isoo fiiri." | • • • • • | 0 1 | 2 |
| Wuxuu sheegi karaa magaciisa marka la weeydiyo | • • • • • | 0 1 | 2 |
| Wuxuu sawiraa xarriiqimo | • • • • • | 0 1 | 2 |

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahan waxay ku saabsan yihiiin dabeeccadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|------------------------|--|--|--|
| Ilmahaadu miyuu... | U muuqdaa inuu welwelsanyahay ama cabsanaayo? U muuqdaa inuu murugeeysanyahay ama uusan faraxsanayn? ka xanaaqaa haddii aan wax loo samayn si gaar ah? isbadalku ku adagyahay? ku dhibtoodaa la cayaaridda carruurta kale? si ula kac ah wax [alaab] u jajabiyya? la diriraa carruurta kale? ku dhibtoodaa u fiirsashada? ku adagtahay in uu is dajiyoo? dhibaato ku qabaa inuu hal hawl ku ekaado? | 0 1 0 1 | 2 2 2 2 2 2 2 2 2 2 2 2 |
| Ilmahaadu miyeey... | yahay mid gardarro badan? yahay mid aan xasilayn ama fadhiga xajin karin? yahay mid careeysan? | 0 1 0 1 0 1 | 2 2 2 |
| Miyeey adagtahay in... | ilmahaada la geeyo dibadda ama bulshada dhexdeeda? la sasabo ilmahaaga? aad ogaato ilamahaaga baahidiisa? lagu hayo/wado ilmahaaga jadwal? (tusaale: in la seexiyo habeen kasta isku waqtii). ilmahaadu qaato amarkaaga? | 0 1 0 1 0 1 0 1 0 1 | 2 2 2 2 2 |

Kormeerka Waalidka ee Isdhexgalka Bulshada

| Ilmahaadu ma kuu keenaa waxyabo adiga si uu kuu tuso? | Marar badan maalinkiiba | Dhowr mar maalinkiiba | Dhowr mar todobaadkiiba | In ka yar hal mar todobaadkiiba | Marnaba |
|---|-------------------------|-----------------------|-------------------------|---------------------------------|-----------------------|
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | Marwalbo | Sida caadiga ah | Mar mar | Si dhif | Marnaba |
| Ilmahaada ma xiiseeyaa inuu la cayaaro ilmaha kale? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Marka eray aad tiraahdid ama gacanta u haadisid, ilmahaada ma isku dayaa in uu kugu day'do? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilmahaada ma kusoo eegaa marka aad magaciisa ugu yeerto? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilamahaada ma eegaa hadii aad u tilmaantid wax qolka dhankiisa kale yaalo? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| Sidee buu inta badan ilmahaada kuu tusaa waxa uu rabo? | Wuxuu dhahaa ereyga waxa uu rabo | Hal far ayuu ku tilmaamaa | Wuu soo qabsadaa | Wuu isoo jiidaa ama gacanteyda ayuu dul saaraa | Wuu ganuunaca, ooyaa ama qayliya |
|--|---|---------------------------|--|--|--|
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Waa maxay ciyaaraha ilmahaagu ugu jecelyahay? | Ku ciyaarista boombaleyaasha ama xayawaanaadka dharka laga buuxiyay | Inuu buug kula aqristo | koritaanka meelaha sare, orodka iyo firfircoonda | Inuu is-dabadhigo boombaleyaasha ama waxyaalaha kale | Inuu daawado walxaha iska-daba wareega sida marwaaxadaha ama taayarada |
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

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Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama koritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | Haa | Maya | | | | | | |
|---|-------------------------------------|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 1 Qof la nool ilmahaada oo sigaar cabu miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 2 Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 3 Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 4 Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | Run ma ahan <input type="radio"/> | Mararka qaar waa run <input type="radio"/> | | | | | | |
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'an? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirk kaala dhexeeya lamaanahaaga? | Xiisad la'aan <input type="radio"/> | Xoogaa xiisad ah <input type="radio"/> | | | | | | |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan <input type="radio"/> | Si dhib badan <input type="radio"/> | | | | | | |
| 10 Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |



SWYCTM

30 months

29 months, 0 days to 34 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihiiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso inaad ka jawaabto DHAMMAAN su'aalaha.

| | Maya welii | Xoogaa | Si aad ah |
|--|------------|--------|-----------|
| Wuxuu magacaabaa ugu yaraan hal midab | 0 | 1 | 2 |
| Wuxuu isku dayaa inuu kusoo jeediyo isaga oo dhahayo "aniga isoo fiiri." | 0 | 1 | 2 |
| Wuxuu sheegi karaa magaciisa marka la weeydiyo | 0 | 1 | 2 |
| Wuxuu sawiraa xarriiqimo | 0 | 1 | 2 |
| Wuxuu ku hadlaa hadal dadka kale fahmi karaan inta badan | 0 | 1 | 2 |
| Gacmaha ayuu dhaqaa wuuna qalijiyaa caawin la'aan | 0 | 1 | 2 |
| Wuxuu weeydiyyaa su'aalaha ku bilaawda "maxaa" ama "Sidee" - sida "Maxuusan u oolin buskut?" | 0 | 1 | 2 |
| Wuxuu sharaxaa sababta uu wax ugu baahanyahay sida funaanad dhaxameedka marka uu qaboow jiro. | 0 | 1 | 2 |
| Wuxuu isbarbardhigaa waxyaabaha isaga oo isticmaalaya erayada sida "ka weyn" ama "ka gaaban." | 0 | 1 | 2 |
| Wuxuu ka Jawaabaa su'aalaha sida "Maxaad sameysaa marka aay dhaxan ku hayso"ama "...Hurdo ku hayso?" | 0 | 1 | 2 |

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahan waxay ku saabsan yihiiin dabeeccadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|-------------------|--------|-------------|
| Ilmahaadu miyuu... U muuqdaa inuu welwelsanyahay ama cabsanaayo? | 0 | 1 | 2 |
| U muuqdaa inuu murugeeysanyahay ama uusan faraxsanayn? | 0 | 1 | 2 |
| ka xanaaqaa haddii aan wax loo samayn si gaar ah? | 0 | 1 | 2 |
| isbadalku ku adagyahay? | 0 | 1 | 2 |
| ku dhibtoodaa la cayaaridda caruruut kale? | 0 | 1 | 2 |
| si ula kac ah wax [alaab] u jajabiyya? | 0 | 1 | 2 |
| la diriraa caruruut kale? | 0 | 1 | 2 |
| ku dhibtoodaa u fiirsashada? | 0 | 1 | 2 |
| ku adagtahay in uu is dajiy? | 0 | 1 | 2 |
| dhibaato ku qabaa inuu hal hawl ku ekaado? | 0 | 1 | 2 |
| Ilmahaadu miyeey... yahay mid gardarro badan? | 0 | 1 | 2 |
| yahay mid aan xasilayn ama fadhiga xajin karin? | 0 | 1 | 2 |
| yahay mid careeysan? | 0 | 1 | 2 |
| Miyeey adagtahay in...ilmahaada la geeyo dibadda ama bulshada dhexdeeda? | 0 | 1 | 2 |
| la sasabo ilmahaaga? | 0 | 1 | 2 |
| aad ogaato ilamahaaga baahidiisa? | 0 | 1 | 2 |
| lagu hayo/wado ilmahaaga jadwal? (tusaale: in la seexiyo habeen kasta isku waqt). | 0 | 1 | 2 |
| ilmahaadu qaato amarkaaga? | 0 | 1 | 2 |

Kormeerka Waalidka ee Isdhexgalka Bulshada

| Ilmahaadu ma kuu keenaa waxyabo adiga si uu kuu tuso? | Marar badan maalinkiiba | Dhowr mar maalinkiiba | Dhowr mar todobaadkiiba | In ka yar hal mar todobaadkiiba | Marnaba |
|---|-------------------------|-----------------------|-------------------------|---------------------------------|-----------------------|
| | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | Marwalbo | Sida caadiga ah | Mar mar | Si dhif | Marnaba |
| Ilmahaada ma xiiseeyaa inuu la cayaaro ilmaha kale? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Marka eray aad tiraahdid ama gacanta u haadisid, ilmahaada ma isku dayaa in uu kugu day'do? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilmahaada ma kusoo eegaa marka aad magaciisa ugu yeerto? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Ilamahaada ma eegaa hadii aad u tilmaantid wax qolka dhankiisa kale yaalo? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

| Sidee buu inta badan ilmahaada kuu tusaa waxa uu rabo? | Wuxuu dhahaa ereyga waxa uu rabo | Hal far ayuu ku tilmaamaa | Wuu soo qabsadaa | Wuu isoo jiidaa ama gacanteyda ayuu dul saaraa | Wuu ganuunaca, ooyaa ama qayliya |
|--|---|---------------------------|--|--|--|
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Waa maxay ciyaaraha ilmahaagu ugu jecelyahay? | Ku ciyaarista boombaleyaasha ama xayawaanaadka dharka laga buuxiyay | Inuu buug kula aqristo | koritaanka meelaha sare, orodka iyo firfircoonda | Inuu is-dabadhigo boombaleyaasha ama waxyaalaha kale | Inuu daawado walxaha iska-daba wareega sida marwaaxadaha ama taayarada |
| (please check all that apply) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

For acknowledgments, validation, and other information concerning the POSI, please see www.theswyc.org/posi

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama koritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalahaa Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhowr su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | Haa | Maya | | | | | | |
|---|-------------------------------------|--|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 1 Qof la nool ilmahaada oo sigaar cabu miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 2 Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 3 Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 4 Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | Run ma ahan <input type="radio"/> | Mararka qaar waa run <input type="radio"/> | | | | | | |
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'an? | <input type="radio"/> ① | <input type="radio"/> ② | | | | | | |
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirk kaala dhexeeya lamaanahaaga? | Xiisad la'aan <input type="radio"/> | Xoogaa xiisad ah <input type="radio"/> | | | | | | |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan <input type="radio"/> | Si dhib badan <input type="radio"/> | | | | | | |
| 10 Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |



SWYC:
36 months

35 months, 0 days to 46 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahsan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

| | | Maya weli | Xoogaa | Si aad ah |
|--|---------------------|-----------|--------|-----------|
| Wuxuu ku hadlaa hadal dadka kale fahmi karaan inta badan | • | 0 | 1 | 2 |
| Gacmaha ayuu dhaqaa wuuna qalijiyaa caawin la'aan | • | 0 | 1 | 2 |
| Wuxuu weeydiyaa su'aalaha ku bilaawda "maxaa" ama "Sidee" - sida "Maxuusan u oolin buskut?" | • | 0 | 1 | 2 |
| Wuxuu sharaxaa sababta uu wax ugu baahanyahay sida funaanad dhaxameedka marka uu qabooj jiro. | • | 0 | 1 | 2 |
| Wuxuu isbarbardhigaa waxyaabaha isaga oo isticmaalaya erayada sida "ka weyn" ama "ka gaaban." | • | 0 | 1 | 2 |
| Wuxuu ka Jawaabaa su'aalaha sida "Maxaad sameysaa marka aay dhaxan ku hayso"ama "...Hurdo ku hayso?" | • | 0 | 1 | 2 |
| Wuxuu kuu sheegaa sheeko ku saabsan buug ama tv -ga | • | 0 | 1 | 2 |
| Wuxuu sawiraa qaababka fudud sida calaamadaha Koobaabin ama afar gees. | • | 0 | 1 | 2 |
| Wuxuu dhahaa erayada sida "cago" wixii ka badan hal cag iyo "niman" wixii ka badan hal nin. | • | 0 | 1 | 2 |
| Wuxuu si sax u istacmaala erayada sida "shalay" iyo "berri". | • | 0 | 1 | 2 |

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahsan waxay ku saabsan yihii dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihii, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|---|--------|-------------|
| Ilmahaadu miyuu... | U muuqdaa inuu welwelsanyahay ama cabsanaayo? • . . . 0 | 1 | 2 |
| | U muuqdaa inuu murugeeysanyahay ama uusan faraxsanayn? 0 | 1 | 2 |
| | ka xanaaqaa haddii aan wax loo samayn si gaar ah? • . . 0 | 1 | 2 |
| | isbadalku ku adagyahay? • 0 | 1 | 2 |
| | ku dhibtoodaa la cayaaridda caruurta kale? • 0 | 1 | 2 |
| | si ula kac ah wax [alaab] u jajabiyyaa? • 0 | 1 | 2 |
| | la diriraa caruurta kale? • 0 | 1 | 2 |
| | ku dhibtoodaa u fiirsashada? • 0 | 1 | 2 |
| | ku adagtahay in uu is dajiyo? • 0 | 1 | 2 |
| | dhibaato ku qabaa inuu hal hawl ku ekaado? • 0 | 1 | 2 |
| Ilmahaadu miyeey... | yahay mid gardarro badan? • 0 | 1 | 2 |
| | yahay mid aan xasilayn ama fadhiga xajin karin? • 0 | 1 | 2 |
| | yahay mid careeysan? • 0 | 1 | 2 |
| Miyeey adagtahay in...ilmahaada la geeyo dibadda ama bulshada dhexdeeda? | ilmahaada la geeyo dibadda ama bulshada dhexdeeda? • 0 | 1 | 2 |
| | la sasabo ilmahaaga? • 0 | 1 | 2 |
| | aad ogaato ilamahaaga baahidiisa? • 0 | 1 | 2 |
| | lagu hayo/wado ilmahaaga jadwal? (tusaale: in la seexiyo habeen kasta isku waqtii). • 0 | 1 | 2 |
| | ilmahaadu qaato amarkaaga? • 0 | 1 | 2 |

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalah Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhown su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | Haa | Maya | |
|---|----------------------------------|-------------------------|--------------------|
| 1 Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | |
| 2 Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay doroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | |
| 3 Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka doroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | |
| 4 Cabitaanka ama istacmaalka doroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | |
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cundadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | Run ma ahan | Mararka qaar waa run | Badanaa waa run |

| Gebi ahaanba maya | Dhowr maalin | In kabadan maalmaha barkood | Ku dhawaad maalin walba | | | | | |
|---|--|---|--|--|----------------------------|----------------------------|----------------------------|----------------------------|
| 6 Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> ① | <input type="radio"/> ② | <input type="radio"/> ③ | | | | | |
| 7 Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | <input type="radio"/> ① | <input type="radio"/> ② | <input type="radio"/> ③ | | | | | |
| 8 Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeya lamaanahaaga? | Xiisad la'aan <input type="radio"/> | Xoogaa xiisad ah <input type="radio"/> | Xiisad badan <input type="radio"/> | Nama quseeyso <input type="radio"/> | | | | |
| 9 Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan <input type="radio"/> | Xoogaa dhib ah <input type="radio"/> | Si dhib badan <input type="radio"/> | Nama quseeyso <input type="radio"/> | | | | |
| 10 Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | 0 <input type="radio"/> | 1 <input type="radio"/> | 2 <input type="radio"/> | 3 <input type="radio"/> | 4 <input type="radio"/> | 5 <input type="radio"/> | 6 <input type="radio"/> | 7 <input type="radio"/> |



SWYC:™

48 months

47 months, 0 days to 58 months, 31 days
V1.07. 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahsan waxay ku saabsan yihiin koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahsan waxay ku saabsan yihiin dabeecadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihiin, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|------------------------|---|--------|-------------|
| Ilmahaadu miyuu... | U muuqdaa inuu welwelsanyahay ama cabsanaayo? (0) | (1) | (2) |
| | U muuqdaa inuu murugeeysanyahay ama uusan faraxsanayn? (0) | (1) | (2) |
| | ka xanaaqaa haddii aan wax loo samayn si gaar ah? (0) | (1) | (2) |
| | isbadalku ku adagyahay? (0) | (1) | (2) |
| | ku dhibtoodaa la cayaaridda caruurga kale? (0) | (1) | (2) |
| | si ula kac ah wax [alaab] u jajabiyya? (0) | (1) | (2) |
| | la diriraa caruurga kale? (0) | (1) | (2) |
| | ku dhibtoodaa u fiirsashada? (0) | (1) | (2) |
| | ku adagtahay in uu is dajiyo? (0) | (1) | (2) |
| | dhibaato ku qabaa inuu hal hawl ku ekaado? (0) | (1) | (2) |
| Ilmahaadu miyeey... | yahay mid gardarro badan? (0) | (1) | (2) |
| | yahay mid aan xasilayn ama fadhiga xajin karin? (0) | (1) | (2) |
| | yahay mid careeysan? (0) | (1) | (2) |
| Miyeey adagtahay in... | ilmahaada la geeyo dibadda ama bulshada dhixdeeda? (0) | (1) | (2) |
| | la sasabo ilmahaaga? (0) | (1) | (2) |
| | aad ogaaato ilamahaaga baahidiisa? (0) | (1) | (2) |
| | lagu hayo/wado ilmahaaga jadwal? (tusaale: in la seexiyo habeen kasta isku waqt). (0) | (1) | (2) |
| | ilmahaadu qaato amarkaaga? (0) | (1) | (2) |

Walaacyada Waalidiinta

Gebi ahaanba maya Xoogaa Aad iyo aad

| | | | |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalah Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhown su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya | | | | | | |
|----|---|----------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 1 | Qof la nool ilmahaada oo sigaar caboo miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay doroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka doroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| 4 | Cabitaanka ama istacmaalka doroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> | | | | | | |
| | | Run ma ahan | Mararka qaar waa run | | | | | | |
| 5 | 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cuntadeena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | <input type="radio"/> | <input type="radio"/> | | | | | | |
| | | Badanaa waa run | | | | | | | |
| 6 | Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 7 | Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 8 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeya lamaanahaaga? | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 9 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | <input type="radio"/> | <input type="radio"/> | | | | | | |
| 10 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> 0 | <input type="radio"/> 1 | <input type="radio"/> 2 | <input type="radio"/> 3 | <input type="radio"/> 4 | <input type="radio"/> 5 | <input type="radio"/> 6 | <input type="radio"/> 7 |



SWYC™

60 months

59 months, 0 days to 65 months, 31 days
V1.07, 4/1/17

Canuga Magaciisa:

Taariikhda Dhalashada:

Taariikhda Maanta:

Hiigsiyada Korriinka

Su'aalahan waxay ku saabsan yihii koriinka ilmahaada. Fadlan noo sheeg inta uu ka sameeyo ilmahaagu mid kasta oo ka mid waxyaabahan. Haddii ilmahaagu aanu hadda samayn, dooro jawaabta sheegaysa inta uu ka sameeyn jiray? Fadlan hubso in aad ka jawaabto DHAMMAAN su'aalaha.

| | Maya welii | Xoogaa | Si aad ah |
|---|------------|--------|-----------|
| Wuxuu kuu sheegaa sheeko ku saabsan buug ama tv -ga | 0 | 1 | 2 |
| Wuxuu sawiraa qaababka fudud sida calaamadaha Koobaabin ama afar gees. | 0 | 1 | 2 |
| Wuxuu dhahaa erayada sida "cago" wixii ka badan hal cag iyo "niman" wixii ka badan hal nin. | 0 | 1 | 2 |
| Wuxuu si sax u istacmaalaa erayada sida "shalay" iyo "berri". | 0 | 1 | 2 |
| Habeenkiis iskuma kaadiyo. | 0 | 1 | 2 |
| Wuxuu raacaa shuruucda fudud marka uu ciyaraayo Laadhuuda ama Turubka. | 0 | 1 | 2 |
| Wuxuu qoraa magaciisa | 0 | 1 | 2 |
| Wuxuu sawiraa sawirro aad fahmi kartid. | 0 | 1 | 2 |
| Carriiqimaha kama dhax baxo marka uu midabeynayo | 0 | 1 | 2 |
| Wuxuu magacaabaa maalmaha todobaadka sida ay isugu xigaan oo sax ah. | 0 | 1 | 2 |

Liiska Waxbixinta Caafimaadka Carruurta Dugsiyada ka hor

Su'aalahan waxay ku saabsan yihii dabeeccadda ilmahaada. Ka fikir waxa aad ka filan kartid carruurta kale ee isku da'da yihii, inoo na sheeg sida jumlad walba u quseeyso ilmahaada.

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|---|-------------------|--------|-------------|
| Ilmahaadu miyuu... U muuqdaa inuu welwelsanyahay ama cabsanaayo? | 0 | 1 | 2 |
| U muuqdaa inuu murugeeysanyahay ama uusan faraxsanayn? | 0 | 1 | 2 |
| ka xanaaqaa haddii aan wax loo samayn si gaar ah? | 0 | 1 | 2 |
| isbadalku ku adagyayah? | 0 | 1 | 2 |
| ku dhibtoodaa la cayaaridda caruurta kale? | 0 | 1 | 2 |
| si ula kac ah wax [alaab] u jajabiyyaa? | 0 | 1 | 2 |
| la diriraa caruurta kale? | 0 | 1 | 2 |
| ku dhibtoodaa u fiirsashada? | 0 | 1 | 2 |
| ku adagtahay in uu is dajiy? | 0 | 1 | 2 |
| dhibaato ku qabaa inuu hal hawl ku ekaado? | 0 | 1 | 2 |
| Ilmahaadu miyeey... yahay mid gardarro badan? | 0 | 1 | 2 |
| yahay mid aan xasilayn ama fadhiga xajin karin? | 0 | 1 | 2 |
| yahay mid careeysan? | 0 | 1 | 2 |
| Miyeey adagtahay in...ilmahaada la geeyo dibadda ama bulshada dhexdeeda? | 0 | 1 | 2 |
| la sasabo ilmahaaga? | 0 | 1 | 2 |
| aad ogaato ilmahaaga baahidiisa? | 0 | 1 | 2 |
| lagu hayo/wado ilmahaaga jadwal? (tusaale: in la seexiyo habeen kasta isku waqt). | 0 | 1 | 2 |
| ilmahaadu qaato amarkaaga? | 0 | 1 | 2 |

Walaacyada Waalidiinta

| | Gebi ahaanba maya | Xoogaa | Aad iyo aad |
|--|-----------------------|-----------------------|-----------------------|
| Wax walaac ah miyaad ka qabtaa waxbarashada ama korritaanka ilmahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Wax walaac ah miyaad ka qabtaa dabeecada imahaada? | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Suáalaha Qoyska

Maadaama xubnaha qoysku ay saameyn weyn ku yeelan karaan korriinka ilmahaada, fadlan ka jawaab dhower su'aalood oo ku saabsan qoyskaaga ee hoos ku xusan:

| | | Haa | Maya |
|---|---|--|--|
| 1 | Qof la nool ilmahaada oo sigaar cabو miyaa jira? | <input checked="" type="radio"/> | <input type="radio"/> |
| 2 | Sanadkii la soo dhaafay, weligaa khamri ma cabtay ama ma istacmaashay daroogo intii aad rabtay in ka badan? | <input checked="" type="radio"/> | <input type="radio"/> |
| 3 | Miyaad dareentay inaad rabtay ama aad u baahnayd inaad dhintid cabidda khamriga ama isticmaalka daroogada sannadkii la soo dhaafay? | <input checked="" type="radio"/> | <input type="radio"/> |
| 4 | Cabitaanka ama istacmaalka daroogada xubin kamid ah qoyskaaga weligeed saameeyn xun ilmahaada ma ku yeelatay? | <input checked="" type="radio"/> | <input type="radio"/> |
| | | Run ma ahan | Mararka qaar waa run |
| 5 12-kii bilood ee la soo dhaafey gudahooda, waxaan ka walaacsaneyn in cunteedena naga go'odo ka hor inta aanan helin lacag aan ku soo iibsano in kale. | | <input type="radio"/> | <input type="radio"/> <input type="radio"/> |
| Labadii toddobaad ee la soo dhaafay, dhibaatooyinka soo socda sidee beey inta badan kuu saameeyeen? | | Gebi ahaanba maya | Dhowr maalin |
| 6 | Wax niyad ah miyaadan u hayn in aad wax qabatid? | <input type="radio"/> | <input type="radio"/> |
| 7 | Ma dareemeeysaa niyad jab,murugo, ama rajo la'aan? | <input type="radio"/> | <input type="radio"/> |
| 8 | Guud ahaan, sidee ayaad u tilmaami lahayd xiriirka kaala dhexeeyaa lamaanahaaga? | Xiisad la'aan <input type="radio"/> | Xoogaa xiisad ah <input type="radio"/> |
| 9 | Adiga iyo lammaanahaagu ma ku xallisaan murankiina: | Dhib la'aan <input type="radio"/> | Xoogaa dhib ah <input type="radio"/> |
| 10 | Toddobaadkii la soo dhaafay gudahiisa, imisa maalmood ayaad adiga ama xubno kale oo qoyskaaga ka mid ah wax u akhriyeen ilmahaada? | <input type="radio"/> | <input type="radio"/> |
| | | Si dhib badan <input type="radio"/> | Nama quseeyso <input type="radio"/> |
| | | Si dhib badan <input type="radio"/> | Nama quseeyso <input type="radio"/> |
| | | 0 | 1 |
| | | 2 | 3 |
| | | 4 | 5 |
| | | 6 | 7 |