

2022 Community Benefits Grantees Program Highlights

Every three years, Tufts Medical Center conducts an extensive [Community Health Needs Assessment](#) (CHNA) to identify the health and social needs of the communities it serves. This year's CHNA process included robust community engagement with a diverse set of stakeholders and used local qualitative and quantitative data and input from our community partners. The prioritized health needs for funding years 2023–2025 are:

- Behavioral Health
- Financial Security and Mobility
- Access to Care and Services

The following grantees address the needs mentioned in the CHNA.

Asian American Civic Association

Program Description: This funding will support the Multi-Service Center which provides a variety of services to help low-income families. These services include assistance applying to benefits programs, counseling on retirement, healthcare, and housing, translation and interpretation services, and immigration counseling. These services are critical to helping immigrants and impoverished people achieve economic self-sufficiency.

Bikes Not Bombs

Program Description: This funding will support the Bike School, which serves as an entry point into the three-year Youth Pathway program. This program will provide youth with the opportunity to work with mechanical and scientific concepts as they overhaul bicycles that they will keep as their own. Also, this funding will support Youth Pathway Apprenticeships, which allow participants to build competencies across technical and life-skill areas. Participants develop and complete plans for post-secondary training, education, or unsubsidized employment.

Boston Asian: Youth Essential Services

Program Description: This funding will support a prevention and early intervention program to engage youth in uplifting activities that will enable them to address alienation, social and cultural isolation, and lack of access to opportunities, experiences, and resources and skill building and confidence building experiences. These activities will also engage youth within the communities they reside in, identify with, and with peer groups and other social and cultural groups; connect youth to community civic, cultural, family organizations, and local businesses where they can volunteer and use their leadership skills to benefit the community and others.

Boston Chinatown Neighborhood Center

Program Description: This funding allows BCNC to implement the Parenthood and Me program which aims to promote the psychosocial wellbeing of expectant parents and families with infants, improve postpartum mental health of Chinese mothers, reduce stigma of mental health, and increase access to care. The program aims to support low-income Chinese immigrant

women and their families within the prenatal and postpartum periods, during which the women are at risk of depression, anxiety, and suicidality exacerbated by pregnancy.

Boys and Girls Club of Dorchester

Program Description: This funding will support the Lifting Individuals and Families Together program. This program seeks to assist eligible families in reaching their personal and financial goals through meaningful coaching. Utilizing tools and strategies provided through economic mobility pathways, families create achievement plans to enhance their overall standard of living for the family. Strategies include providing parents with multiple pathways to achieve financial stability, connecting them with high-quality educational opportunities, equipping them and their children with tools and resources, enrolling their children in a formal early education program, and investing in children and their families at key points in a child's development.

Center for Teen Empowerment

Program Description: This program will employ, educate and train youth as organizers, and empowers them to develop the knowledge, skills and tools needed to catalyze positive social change in their communities. The Center for Teen Empowerment will conduct Friday Forums to improve participants financial security and mobility. They will partner with financial literacy providers to provide a series of forums on how to create and stick to a budget, how to open and responsibly use bank accounts, debit cards, credit cards and online apps, and how to save money.

Codman Academy Charter Public School

Program Description: This funding will support a collaboration between Codman Square Health Center and Codman Academy. This program aims to apply an evidence base multifaceted community partnership model to create economic, social and professional mobility, by systematically creating access to financial education, healthcare profession exposure and economic support and capability for youth ages 14 to 19 years old. They will provide a combination of financial education and career exploration that provides the basic tools to support post-secondary success, while also providing participants with career exploration and education opportunities in the healthcare field.

Compass Working Capital

Program Description: This funding will support the Family Self-Sufficiency (FSS) program, which combines high quality financial coaching and other asset-building strategies to deliver stronger financial outcomes for participants. FSS is an employment and savings program for families in federally subsidized housing. It resolves a well-documented issue in how rent is calculated for recipients of HUD-assisted housing, which is that a household's rent increases whenever their earned income increases-making it difficult for families to save and get ahead. FSS enables participating households to capture any such increase in rent as saving instead, held in escrow by the housing provider. This funding supports personnel who will conduct outreach to eligible households and providing coaching and other services to enrolled households.

Family Nurturing Center

Program Description: This funding supports a collaboration between Bowdoin Street Health Center and Dorchester Food Co-Op that ensures every family has access to the food, support,

and care they need to thrive in Bowdoin Geneva. The program will provide opportunities for families to take an active role in the area's food system; gain access to healthy, locally grown, affordable foods, and work with culturally responsive nutrition experts.

Found in Translation

Program Description: This funding will support the flagship Language Access Medical Interpreting Certificate and Job Placement program, which provides training and a certificate in medical interpreting, along with individualized support to each participant such as childcare, transportation, financial literacy education, and technology access. This program will also provide all alumnae with consistent, year-round support with job searching and placement, continuing education, and advanced credentials. They will also employ graduates to fulfill interpreter requests the organization receives from community partners and support graduates with ambitions to teach interpreting.

Gavin Foundation

Program Description: This funding will provide support to use technology to assist with the delivery of behavioral health services, coupled with contingency management to reduce overdose deaths. The project will provide comprehensive remote digital (non-treatment) support services to clients. These services include smartphone-based video selfie validated drug/alcohol testing, in-app cognitive behavioral therapy, daily on-line moderated support groups, and self-assessment surveys.

Greater Boston Chinese Golden Age Center

Program Description: This organization will receive funding for their Health Mind for Asian Senior Project. The project will consist of two major components: one-on-one case management personalized assistance and support groups for seniors. The one-on-one assistance will help participants resolve specific issues in order to remain healthy. Participants will have an opportunity to express their feelings and concerns to caseworkers who speak their language with cultural competency. The support groups aim to empower seniors to increase the awareness on mental health and to better manage their mental health issues.

Josiah Quincy Elementary School (JQES)

Program Description: This school will provide a comprehensive Social and Emotional Learning Program to help young people and adults build strong, respectful, and lasting relationships. They will partner with Hurley Elementary School. They will hire a full-time health teacher who will focus on encouraging student's self-awareness, self-management, social awareness, relationship management, and responsible decision-making. To reach the wider community's Health Equity concerns, JQES and Hurley Elementary will invite students and families for two evening family engagement community events.

Smart from the Start

Program Description: Funding will support the Address the Stress (ATS) program, which is designed to break down stigma and increase access to culturally respectful and asset-driven behavioral health treatment while combating the effects of toxic stress in low-income families. Through weekly classes and sessions with clinical social workers, along with a family summer day camp component, ATS creates a space for families to safely process and address the

stresses in their life through accessible, culturally reflective therapeutic services. ATS aims to normalize behavioral health care in the communities they serve, equip families with the strategies and tools they need to help express and process their emotions and combat the effects of toxic stress.

South Boston Neighborhood House

Program Description: South Boston Neighborhood House, South Boston Association of Nonprofits, Fourth Presbyterian Church will provide an expanded, coordinated network of services to support behavioral health in South Boston. This initiative will include Celebrating Families substance abuse family support groups as well as follow up and connections to support Hope and Healing for and with children of addicted parents; Fourth Presbyterian Peace by Piece, a program for post-traumatic healing support groups, and professional development trauma trainings for community direct care staff.

St. Mary's Center for Women and Children

Program Description: This funding will allow the organization to embed high-quality, culturally competent, and responsive behavioral health services into all residential shelter programs for families experiencing homelessness. Embedding the behavioral health clinicians and case managers in the residential programs will create an environment that builds trust with families and provides more frequent access to care. Together, clinicians, case managers, and health care partners guide residents to identify the barriers to progress and develop individual roadmaps to achieve greater economic and emotional stability while on their journey to permanent, stable housing.

St. Stephen's Youth Programs

Program Description: This funding supports their Social Emotional Support program, which provides mental health resources to young people. They will hire a Spanish speaking social worker who focuses on educating families and connecting them with services they need.

Suffolk County District Attorney's Office

Program Description: Services Over Sentences (SOS) is a collaboration between Suffolk County District Attorney's Office and North Suffolk Mental Health Association. This program will provide treatment to high risk, high need individuals across the county of Suffolk by providing a multi-disciplinary team of trained professionals, utilizing evidence-based practices such as cognitive behavioral therapy, motivational interviewing, and dialectical behavior therapy. This program creates a parallel entry-into-recovery system that defendants in the criminal courts who meet eligibility criteria can engage with during the pendency of an active case.

United South End Settlements

Program Description: This funding will support the Family Mobility program which offers a robust portfolio of services and programs that reduce barriers to families' independence and prosperity while offering real-time support and assistance. As a part of this effort, they will offer a training called the Power of Parenting which seeks to build parents' knowledge of parenting skills and child development while also building stronger support systems, both through connections to other parents and to community resources. They will also offer a financial health and workforce readiness series. The tactical skills learned in these workshops combined with a collaborative

coaching partnership allow participants to gain confidence and independence in their financial decision-making.

Upham's Corner Health Center

Program Description: This funding will provide the addition of a population health community health advocate/worker. This position will collaborate with existing team members to assist people with new and chronic health illnesses such as diabetes, hypertension, and asthma. They will provide support and linkages to services, advocacy, education, and information in order to ensure optimal health outcomes, increase access of services, and support patients in self-management of health goals. They will also serve as a cultural bridge to the health care system, aiding in identifying and supporting the patient's cultural identify.